



Fresh Catch of the Week

October 2nd - October 7th

Contact PPF's Seafood Specialist
Mike Mery, for more information.
mmery@poconoprofoods.com
(570) 421-2466 ext. 3405

Swordfish Pieces

PPF# 113366

1/10# avg

\$4.79/lb

Sustainable, Local North Atlantic Fish.
Great for Surf and Turf meals like kabobs!



**We move the food
that moves people.™**